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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

September 15, 2005

SEP - 15 2005

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our supplements Ginseng Complex under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Giant Eagle, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life Fitness, Life's Finest, Major Pharmaceutical, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Spring Valley, Sundown, US Nutrition, Vitamin Depot, Vitamin World, and WORLDWIDE Sport Nutrition:.

Ingredients: Vitamin B-12, Eleuthero, Asian Ginseng

- For Energy and Physical Performance
- Eleuthero and Asian Ginseng contain naturally occurring components that have supportive qualities, and play a role in well-being.
- Asian Ginseng has the unique ability to revitalize the entire body, while helping to make the most of your natural energy.
- Vitamin B-12 supports energy metabolism, and also aids in the normal development of red blood cells, which help deliver oxygen throughout the body.
- Naturalist's Ginseng Complex combines Eleuthero and Asian Ginseng with Vitamin B-12 to create an energizing union of Eastern and Western nutritional wisdom.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

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